



PARKS AND RECREATION

BURBANK VOLUNTEER PROGRAM NEWSLETTER

April-June 2024

818.238.5370



www.burbankca.gov/BVP



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Hello Volunteers!

Happy Springtime, volunteers - make sure you go out and enjoy the beautiful sunny weather when we have it! As some of you may already know, we held our annual Egg-Stravaganza this past month. Even with the rainy weather, our volunteers and staff banded together to bring this event indoors into the Mc-Cambridge Recreation Center and made it a huge success. That one sentence sums up how impactful our volunteers are, and while we here at BVP always have an overwhelming proudness for our volunteers, this month in particular is as important as ever to show it. April is Volunteer Appreciation Month and we want to make sure all our volunteers understand how instrumental they are to our program. Our program started out as RSVP, the Retired Seniors Volunteer Program, but as the interest and need grew, we decided to branch into the Burbank Volunteer Program, or as we're known now, BVP. The overwhelming demand from people of all ages to help and give back to their community is outstanding, and we are more than honored to be a program that allows community members to give back.

With a multitude of active volunteer stations, we have something for everyone! Students may need to fulfill hours for a school requirement or they may explore volunteering as a fulfilling experience. Adults and retirees may choose to continue to use their skills and experience to help others. A positive by-product of volunteering is making new friends!

To find out more about the Burbank Volunteer Program, please contact us via email: bvp@burbankca.gov. You can also contact us by phone at 818-238-5370 or simply drop by our office, which is located at the Joslyn Adult Center, for more information.

With sincere gratitude, we thank you, our many volunteers, for your continued service and your ongoing contribution to build a strong and vibrant community. The Burbank Volunteer Program has grown so much with countless volunteer projects as well as special events over the years. You are the ones who share your time, talents, skills and experience for those in need. You are the ones who make a difference in the City of Burbank. We could not do this without you.

The Burbank Volunteer Team,
Derrick, Camryn and Jackie

What's Inside

- * Pg 2 - Volunteer Opportunities
- * Pg 3 & 4 - Featured Stations
- * Pg 5 - BVP Puzzle
- * Pg 6 - Volunteer Highlight
- * Pg 7 - Egg-Stravaganza
- * Pg 8 - Puzzle Answers

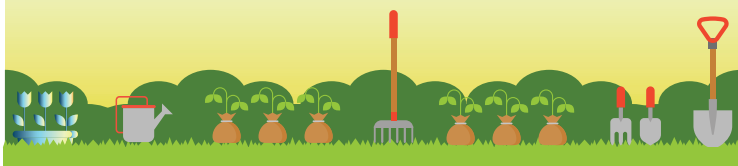
VOLUNTEER APPRECIATION MONTH



VOLUNTEER OPPORTUNITIES

DIG BURBANK!

Lend a hand and help keep our local parks beautiful! To learn more about DIG, tips on signing up, and upcoming DIG Days, visit our website: www.burbankca.gov/digburbank



S.W.A.T.

Are you (S)omeone (W)ith (A)vailable (T)ime who wants to volunteer here and there? If so, our S.W.A.T program will be a great fit for a busy schedule with ample free time!



PHONE PALS

Phone Pals allows volunteers to build a friendship with willing seniors. This program pairs volunteers with seniors to give each other companionship, as well as a social release from the comforts of your own home.



PROJECT H.O.P.E.

Project H.O.P.E. partners volunteers with seniors who are in need of assistance ranging from grocery shopping, to picking up prescriptions and more. Each volunteer builds a trustworthy relationship with their senior, allowing them more errands to run.



Active Stations

American Cancer Society Discovery Shop | Providence Saint Joseph Medical Center | S.W.A.T | Education Through Music LA | Boys & Girls Club | American Red Cross | Operation Gratitude | Burbank Temporary Aid Center | Joslyn Adult Center | City of Burbank Animal Shelter (VBAS) | City of Burbank Police Department | City of Burbank Library Services | Tuttle Senior Center | City of Burbank Nutrition (Joslyn, HDM, Tuttle) | Burbank Airport | BVP Mailroom | YMCA |

For more information on these opportunities and others, contact the Burbank Volunteer Program: bvp@burbankca.gov 📞 (818) 238-5370

FEATURED STATIONS

Providence Medical Center and The Disney Family Cancer Center combined, have approximately 225 active volunteers, with about 55% of those volunteers under the age of 18. Our adults and retirees round out that population, and they handle most of our Customer Service areas, while the students can be found on the nursing floor helping the staff.

Some opportunities you can do at Providence include:

- Nursing floor volunteers
 - Help turn over rooms
 - Keep operations moving
 - Stocking carts
 - Escorting discharged patients
- Customer Service
 - Working in outpatient areas
 - Escorting to different areas
 - Helping visitors at the Information Desk
 - Working in the Gift Shop



American Cancer Society Discovery Shop is a high-end thrift store, run by the American Cancer Society. The Discovery Shop sells everything from home decor to clothing, and donates 91% of their proceeds towards cancer funding research. Even if a donated item has been deemed un-sellable, the Discovery Shop still donates it to a non-profit charity named Hope of the Valley. A number of volunteer shifts await at the Discovery Shop:

- Steam/clothes presser
- Donations sorter
- Cashier/ pricer
- Display person

There are two Discovery Shop locations under BVP:

Burbank: 3516 W Magnolia Blvd

Toluca Lake: 10124 Riverside Drive



*For more information on the American Cancer Society/Discovery Shops, please visit:
cancer.org/involved/donate/more-ways-to-give/discovery-shops-national.html*

FEATURED STATIONS

Sewing, Knitting & Crocheting at the Joslyn Center is the place to be if you love the craft, and want to simultaneously support various charities through your project donations! Come make new friends and have a great time sharing and working on projects together, regardless of your experience, all levels are welcome!

In the group, you will be making and donating items such as:

- Hats
- Baby Blankets
- Scarves
- Quilt Blankets



PARKS AND RECREATION

All projects are donated to support local, national and international charities.

Yarn and patterns are supplied to the members through yarn donations and some dollar donations to our group. Completed projects are either delivered locally or shipped national to the charity by the group leader.



Mailroom Worker is a position where volunteers work as part of a team of two to six (sometimes more), preparing bulk mail. Orientation will be given the day of the project, while training is ongoing and is accomplished as new jobs present themselves. A few of the projects that will be taking place, but are not limited to:

- Counting mail pieces
- Folding, stuffing, collating and labelling
- Cutting, packing of envelopes
- Curating multiple items to create a “goodie bag”



BURBANK VOLUNTEER PROGRAM

Mailroom volunteers operate out of Joslyn Adult Center and are on a “as-needed” basis; they will be contacted whenever a bulk mail project is received.

BVP PUZZLE

Place the digits 1-9 in the empty white squares so that the 3 horizontal and 3 vertical equations are true. Each digit will be used exactly once. Calculations are done from left to right and from top to bottom.

5	x		-		17
+		x		x	
	x	6	-		5
x		+		+	
	+		+	1	18

21 33 22

	x		-	9	39
x		+		x	
	x	7	+		9
+		x		+	
3	-		+		4

11 34 23

	+		x		57
+		/		/	
	+	2	-		5
x		-		+	
	-		+	1	3

44 0 3

9	-		x		1
+		-		x	
	x		-		17
/		+		-	
	+		+	7	15

11 2 17

Volunteer Highlight



Justin De La Torre

Joslyn Adult Center Nutrition Volunteer

Meet Justin, who is one of Joslyn Center's most polite and friendly volunteers. He is a 26 year old male with autism who has been volunteering in Nutrition since last October. He is from Liberty Behavioral and Community Services, which is a non-profit organization that provides support services for adults with intellectual and developmental disabilities in the greater Los Angeles area. Through daily guidance and trainings from his Consult Specialists and weekly meetings with his Behavior Analysts, Justin is fulfilling true self-sufficiency. Much of that progress has also come from the Joslyn Center and the amazing staff and volunteers that work alongside him. From the positive guidance of staff and fellow volunteers, Justin has learned how to move quickly and work diligently in the fast-paced kitchen while preparing lunches. In the meantime, feel free to stop by Nutrition and say hello to Justin. He always loves to make new friends and we all know Joslyn Adult Center is the perfect place for friendship.

Marcy Ellenborough

**Providence Saint Joseph Medical Center
Volunteer**



Marcy is a Providence St. Joseph Pet Therapy volunteer. Her team that consists of her, and her dog, Ollie and her rabbit Newton, are by far, the most popular pet therapy team for Providence St. Joe's Medical Center. A huge advocate for animals and well-being, Marcy dedicates several hours, two to three times per week visiting with PSJMC patients and staff members, helping them manage their stress levels and minimize burnout. She and her team have an amazing connection with caregivers and patients, providing a spark of joy whenever and wherever they are encountered. Marcy has been a big part of the success that the PSJMC pet therapy group has experienced in staff/patient care, with her selfless and compassionate volunteer service in the Providence-St. Joseph's Medical Center community being unmatched!

Egg-Stravaganza

On March 23rd, the City of Burbank Parks and Recreation Department hosted its annual Spring EGG-Stravaganza event inside the McCambridge Park Recreation Center. The rain outside didn't dampen the event inside, as several hundred residents from Burbank and surrounding communities enjoyed exciting egg hunts along with fun children's interactive games, art activities, photo opportunities with "The Bunny", and winning prizes and special Spring-themed gift baskets.



The EGG-Stravaganza event was impactful in increasing our community engagement, improvement of community relationships, and a heightened awareness of Burbank Parks and Recreation activities and services.



Special thanks are given to Raising Cane's, AMC Theaters, Trader Joe's, Urbane Café, Disney, Generation Dance, the Burbank Animal Shelter, and the Burbank Town Center for their attendance, generous donations, and volunteer services for the EGG-Stravaganza event.



PUZZLE ANSWERS

8	X	6	-	9	39
X		+		X	
1	X	7	+	2	9
+		X		+	
3	-	4	+	5	4
11	34	23			

5	X	4	-	3	17
+		X		X	
2	X	6	-	7	5
X		+		+	
8	+	9	+	1	18
21	33	22			

9	+	6	X	8	57
+		/		/	
7	+	2	-	4	5
X		-		+	
5	-	3	+	1	3
44	0	3			

9	-	1	X	8	1
+		-		X	
4	X	5	-	3	17
/		+		-	
2	+	6	+	7	15
11	2	17			