



City of Burbank  
Parks and Recreation Department

## **ADULT SPORTS FAST PITCH SOFTBALL LEAGUE RULES AND REGULATIONS**

The rules of the USA Softball will be enforced in the Burbank Parks and Recreation Department, except as amended below:

### **I. GENERAL INFORMATION**

- A. Managers and all players are responsible for knowing the "General Rules and Regulations Governing Adult Sports" in their entirety.
- B. The Burbank Athletic Federation Board of Directors shall act as an advisory board, hear and rule upon protest appeals, and act on disciplinary cases.
- C. Where there is more than one league within a given group, grouping shall be determined by team ability, with the better teams grouped in the higher league.
- D. Players may play on one(1) Men's and/or (1) Women's Fast Pitch team.

### **II. BALLS**

1. Men's Fast Pitch – One new .44 COR. (.375 Compression) yellow ball before each game.
2. Women's Fast Pitch - One new Diamond Gold Stitch .47 COR (.375 Compression) yellow ball before each game.

### **III. SHOES**

1. Participants must wear appropriate athletic shoes while playing.: **Metal and Rubber cleats are acceptable.** Golf, football, or track shoes are not allowed.

### **IV. HELMETS**

1. It is mandatory for all offensive players (including the batter, on-deck batter and base runner[s]) to wear batting helmets with double ear flaps.

### **V. BATS**

1. Acceptable bats will be those with ASA/USA certification (**Wood Bats are legal provided they say "Official Softball"**) and do not appear on the Non-Approved bat list. The Official Bat must bear either the ASA 2000 Certification Mark, ASA 2004 Certification Mark or ASA 2013 Certification Mark (Slow Pitch, Men's Adult Fast Pitch ) as shown in the USA Official Rules of Softball under Section 1- The Official Bat. The bats must not be listed on the ASA Non-Approved Bat list with 2000 or 2004 Certification Mark.
2. **Certified Equipment-Bats** A list of currently unacceptable bats will be available at the Sports Office upon the request of the teams, or online through <https://www.teamusa.org/USA-Softball/Play-USA-Softball/Certified-USA-Softball-Equipment/Non-Linear-Bat-Compression-Thresholds>

### **VI. ALTERED OR ILLEGAL BAT POLICY**

1. The official will remove non-approved, illegal, or altered bat(s) from the game and warn the manager during the pre-game conference.
2. When a batter enters the batter's box with or is discovered using a non-approved, illegal, or altered

bat (whether a pitch is thrown, or contact is made or not):

- i. **EFFECT:** Dead ball, the batter is out, base runners must return to the last base occupied at the time of the infraction, the bat is removed from the game, the manager is warned, and the player is disqualified from participating in the remainder of the game.
  - ii. If a previous batter has used the same non-approved or altered bat and a pitch was made, the current batter only is assessed the effect listed above.
3. When a batter enters the batter's box with or is discovered using a non-approved, illegal, or altered bat previously identified by the umpire during the pre-game conference or used by a prior batter (whether a pitch is thrown, or contact is made or not):
- i. **EFFECT:** The manager and the player are ejected from the game and will serve a one (1) game suspension, and the team shall forfeit the game.
  - ii. The score will stand as is as long as the team receiving the forfeit is ahead by more than 7 runs; otherwise the score will reflect 7-0.
4. A player disqualified for the use of an illegal bat a second time during the season shall be suspended for the remainder of the season.

## **VI. PITCHING DISTANCE**

1. Men's League will pitch from 46 feet.
2. Women's League will pitch from 43 feet.

## **VII. BATTERS BOX**

1. There are no chalked Batter's Boxes. Exception: Chalked box for the women's league ONLY.
2. The batter's box is 7 feet long, which is 4 feet up from the center of home plate and 3 feet back from the center of home plate. This is the guideline to determine if a batter is within the Batter's Box at the time the bat makes contact with the ball.
3. The umpire has the sole judgment in making this call.

## **VIII. BASES**

1. The distance between bases will be 60 feet.

## **IX. PLAYING RULES**

### **1. TEAM REQUIREMENTS**

- i. Home team will occupy the bench on the third base side of the field.
- ii. Scheduled time is game time.
- iii. Teams consist of nine (9) players (7 players are needed to start a game). Players that arrive late will be added to the bottom of the line-up when they arrive (even if every batter has already batted).
- iv. In the event that one team does not have the minimum number of players required to play seven (7), they will automatically become the visiting team and bat first. If by the end of their turn at bat, they do not have the minimum number of players required, they will forfeit the game. If both teams are short players at game time, the game will be called a double forfeit and both teams will be responsible for official's fees.
- v. If a team has declared to use straight substitution batting lineup, then the late player will be added as a substitute.

### **2. BORROWING PLAYERS**

- i. A borrowed player must be an eligible rostered player from another Fast Pitch Team from the same league in the current season.
- ii. A team may borrow a maximum of four (4) players from another team for a total of no more than nine (9) players.
- iii. After the start of the game, they only can pick up 1 player so they will not have to forfeit.
- iv. Borrowed players may not pitch.

- v. Borrowed players must be listed on the line-up and the team they are legally registered on will be listed next to their name. **No Exceptions.**
- vi. The teams cannot borrow a player if they have enough eligible players present nor can the borrowed player be used to sit on the bench. They will be considered ineligible for the game.
- vii. If an eligible team member shows up late, they must replace a borrowed player if the borrowed player makes up the 9<sup>th</sup> player. They will be placed at the bottom of the line up, and the borrowed player will be taken out of the line up without penalty.
- viii. If an eligible player shows up late, and the team still has less than 10 players, the player may be added to the lineup without dropping the borrowed player.
- ix. **Teams may NOT borrow players during playoffs or tournament play.**

#### **X. INFIELD PRACTICE**

1. There is no infield practice. Games will begin on time.

#### **B. TIME LIMITS**

1. Playoff games will be scheduled for 7 innings with the following time limit applying: No new inning will start after 1 hour and 30 minutes of actual starting time. Extra Innings will be played until a winner is determined.
2. Championship games will be schedule for 7 innings. Extra Innings will be played until a winner is determined.

#### **C. RADICAL RUN RULE\_ (applies to both league play and play-offs)**

1. A 10 run lead will constitute a radical score. Any game with a radical score after 4 innings or one hour fifteen minutes may be called with consent of the losing manager. If the losing team wishes to continue, the game will stop at one hour and thirty minutes without completing the inning regardless of which team is at bat. For play-off or championship game the game will end after the 5<sup>th</sup> inning if the radical run rule is invoked.
2. If the radical run rule is invoked at the end of the 4<sup>th</sup> inning or last completed inning at the end of one hour fifteen minutes, the score will be recorded at that time for the record. Score will no longer be kept; however, if the losing team wishes to continue, the official will still officiate until the time limit is reached. Any discipline issue during the extended play time will be dealt with in the same manner as during regulation play.

#### **D. PITCHING RULES**

1. Legal motions include:
  - a. Pitcher must start with one foot on the pitching plate.
  - b. Raising the foot off the pitching plate and returning it to the plate creates a rocking motion and it will be allowed. (Rocker Step)
  - c. Stepping back behind the pitching plate and then starting the delivery will be allowed.
2. Pitcher may either step or leap from the pitcher's plate.
  - a. Leaping
    - i. The pitcher can leap only from the pitching plate at the start of the delivery and must start the windmill delivery simultaneously while leaping to deliver the pitch.
  - b. Stepping
    - i. In the act of delivering the ball, the pitcher must take one step with the non-pivot foot, simultaneous with the release of the ball. The step must be forward toward the batter. It is not a step if the pitcher slides the pivot foot across the pitcher's plate toward the batter.
    - ii. Pushing off and dragging the pivot foot in contact with the ground, or if both feet are in the air, having the toes of the pivot foot in the downward direction is required.
3. Pitcher may clear their cleat which is defined as no more than 12 inches from the pitching plate. This will be umpire's judgment.
4. A pitcher has 20 seconds to release the next pitch after receiving the ball or after the umpire indicates "play ball". Failure to do so will result as a ball on the batter.

5. For the first inning and anytime, a new pitcher enters the game, the pitcher will be allowed 5 warm up pitches.
6. All innings, except the first inning, the pitchers will be allowed 3 pitches or 1 minute, whichever comes first.
7. If the pitcher does not conclude their warm up within the 1 minute a ball will be called on the batter.

**E. TIE BREAKER (applies to league only. Play-offs or championship games will play extra innings)**

1. If a game is tied after the time limit or seven innings, the USA Softball Tie Breaker rules will be used.
  - a. Each team will play one inning with a runner starting on second base. This runner will be the last out of the last inning.
  - b. The game will conclude after one inning, and that final score will stand.

**F. BATTING ORDERS and RULES**

1. Straight substitution.
  - a. The team only bats the 9 defensive players. The balance of the players must be listed as substitutes and the team does not have the ability to use free substitution for the duration of the game once the line-up card becomes official. The line-up card is considered official when accepted by the plate umpire. Any changes after that point are considered a substitution.
2. Free substitution
  - a. The team must list all their players as batters making sure the batting order does not change throughout the game and then any 9 players may play a defensive position at any time during the game. **Exception:** a team may state at the beginning of the game that the starting pitcher will not bat. This may not be altered after the game begins. Any substitute pitcher must still continue batting.
3. The batter must take the batter's positioning in the batter's box within 10 second after being directed to do so by the umpire. Failure to do so will result in the umpire calling a strike on the batter, no pitch will be thrown, and the ball is dead.

**G. COURTESY RUNNERS**

- a. Each team will be allowed a maximum of 2 courtesy runners per inning.
- b. All courtesy runners must be the last out of the inning, if there are no outs or if the last out is on base, at bat, or on deck, then the courtesy runner will be the last batter scheduled to bat in that inning.
  - i. **EXCEPTION:** If the pitcher or catcher is the next runner, teams can defer to the next runner.
- c. If a batter received a courtesy runner and bats again in the same inning, the batter may receive a runner again without counting towards the 2 runner maximum.
- d. If the correct courtesy runner is not used, then the incorrect courtesy runner will be declared out once the pitcher has made one pitch to the next batter if discovered by the umpire or if the defensive team appeals to the umpire(s).

**H. BASES**

1. A double base will be used at first base. On all plays being made on a batter-runner at first base, the batter-runner must use the outside base, and the fielder must use the inside base. If the batter-runner does not touch the outside base they will be considered to have missed the base and subject to being put out if the base is not re-touched before a play is made on them.
  - a. **EXCEPTION:**
    - i. If the ball is thrown from the foul side of the first base line.

- ii. When an errant or missed throw pulls the defensive player into foul ground.
- iii. If there is a force play by an infielder on the batter-runner, the batter-runner, in any way, interferes with the fielders ability to make the play while on the inside base, interference will be ruled on the batter-runner and all other runners will be returned to the base last occupied at the time of interference.

**I. BASE RUNNING**

- 1. A base runner may leave the base when the pitcher releases the ball.

**J. JEWELRY RULE**

- 1. No jewelry may be worn at any time during the game. Medical Alert bracelets or necklaces are not considered jewelry, but if worn, they must be taped to the body. Players refusing to remove any jewelry will not be allowed to play in the game.

**X. PROTEST RULES AND PROCEDURES**

- A. Eligibility protests for players may occur at any time during the season. Eligibility protests are for the season.
  - 1. When a player's eligibility is in question, the staff will request the player in question to sign the scorecard & produce a valid picture ID.
  - 2. The staff member may ask for picture ID.
  - 3. If it is found that the player is ineligible, or the requirements listed above are not met, the following penalty will be issued.
    - a. Forfeiture of the game(s) the player has participated in for the season.
    - b. Suspension of the player for the remainder of the season.
    - c. Minimum two game suspension of the manager of the team(s) involved.
- B. All rule implementation questions must be cleared with the official, managers, and staff. No formal protest may be filed.

**XI. PLAYER ADDITIONS**

- A. Teams may add new players via [www.burbankparks.com](http://www.burbankparks.com) until the predetermined date by the Sports Office
  - 1. Leagues that have only 1 division will be allowed to add players until the date indicated for the current season.
  - 2. Leagues that have 2 or more divisions will be allowed to add players via the waiver system until the end of the first round.

**XII. ADULT SUSPENSION GUIDELINES**

See General Rules and Regulations Governing Adult Sports.

**XIII. RAINOUT POLICY**

- A. In the event of rain, the decision to cancel games will not be made until after 3:30 p.m. Monday – Friday or 2 hours prior to game time on Saturday, Sunday, and Holidays.
- B. Managers and players may call the “Field Condition Hotline” – (818) 238-1970.
- C. When a determination cannot be made by this time, the call will be made on the field. The Sports Office staff will do their best to make the decision as soon as possible.
- D. In the event games are canceled, they will be rescheduled at the end of the round, if time permits.

**XIV. GAMES CALLED DUE TO WEATHER OR LOSS OF LIGHTS**

- A. In the event of lightening, teams will clear the field for a period of up to 20 minutes. If the weather clears, the game will resume from the point of suspension.
- B. In the event a game is called due to weather or loss of lights the following will determine the result of

the game:

1. The game will be considered a completed game if the game has reached 1 hour and 15 minutes or 4 innings have been completed (3 ½ if the home team is ahead).
2. If the game has not reached the point where it is a completed game, the game will be considered a “no game” and the game will be replayed from the beginning. The officials will be paid by the Sports Office if any game needs to be replayed for this reason.

#### XV. PREGNANCY RELEASE

- A. Any woman who knows she is pregnant shall be responsible for informing the Sports Office supervisor in charge and obtain a release form. This form is to be signed by her doctor and returned to the Sports Office. Managers are responsible for informing players of this release form.

#### XVI. FORFEITS- Forfeiting teams should contact the Sports Office before game time as courtesy to the other team and officials, if possible.

- A. The forfeiting team is responsible for paying an administrative fee for each forfeit, currently \$10
- B. The fee must be paid prior to the defaulting team’s next game. Failure to pay the administrative fee could result in forfeiting the remainder of their games until the fee is paid.
- C. Any team that forfeits three times in a single season will be removed from the current season and ineligible to register for the following season.
- D. Any team that has been removed from two seasons in a three-year period will be ineligible to register for one year (three seasons).
- E. **Teams that are forfeited against more than two times in a season will receive a refund** equal to their half of the official/scorekeeper fees the end of the season for those games.