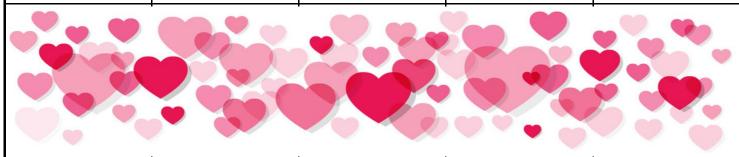


## **FEBRUARY 2025**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	3 4	5	6	5	2
Hot Turkey Sandwich	Baked Pollock	BBQ Chicken	Tamale Pie	Frozen Meal	
Green Beans	OR Vegetable Quiche	Sweet Potato	Black Beans	Cantaloupe	
Mashed Potatoes	Mixed Vegetables	Brown Rice	Mesclun Salad		
Spinach Salad	Green Peas - HDM only	Coleslaw	Pineapple Mango Cup		
Dried Cranberries	Broccoli Salad	Peach or Pear			
Orange Juice	Whole Grain Bread				
	Applesauce				
	0 11	12	13	3	1
Chicken or Pork Adobo	Turkey Milanese	Salmon in Dill Sauce	Beef Stir Fry	Frozen Meal	
Green Peas	over Pesto Linguine	Green Beans	Asian Vegetable Blend	Pear	
Brown Rice	Cauliflower & Zucchini	Black Beans - HDM only	Brown Rice	Whole Grain Bread	
Mesclun Salad	Carrot Raisin Salad	Mixed Green Salad	Beet Salad		
Pineapple Mango Cup	Orange	Whole Grain Roll	Cantaloupe or Tangerine		
		Applesauce			
1	-	-			2
No Lunch Served	Beef Fajitas	Mediterranean Chicken	Baked Fish with Dijon	Frozen Meal	
President's Day	Pinto Beans	Roasted Vegetables	Herb Roasted Potatoes	Banana	
(11)	Corn	Brown Rice	Green Peas	Grape Juice	
	Green Salad	Lentil Salad	Creamy Coleslaw	Whole Grain Bread	
HAPPY PRESIDENTS	Whole Grain Tortilla	Pita Bread	Whole Grain Roll		
	Pineapple Mango Cup	Cantaloupe or Tangerine	Applesauce		
24	4 25	26	27	,	2
Fish Creole	Chicken Dijon	Stuffed Bell Pepper	Tuscan Bean Stew	Frozen Meal	2
Red Beans	Herb Zucchini	Mixed Vegetables	Roasted Cauliflower	Apple	
Coleslaw	Carrots	Green Peas	Spinach Salad	Whole Grain Bread	
Whole Grain Tortilla	Kale Chopped Salad	Green Salad	Whole Grain Roll		
Peach or Plum	Whole Grain Roll	Dinner Roll	Orange		
	Seasonal Fruit	Orange Juice			
	+		4	1	



☺ Milk Served with every meal ☺

## ♦Menu Subject to Change Without Notice♦

This calendar reflects the day meals are prepared. All components are to be consumed within two days of preparation. The Senior Nutrition Program is funded, in part or in whole, by the Los Angeles County Department of Aging & Disabilites

Meals served 11AM - 12PM at the folloowing locations:

Joslyn Adult Center 1301 W Olive Ave 818.238.5357 McCambridge Recreation Center 1515 N Glenoaks Blvd 818.238.5365 Tuttle Center 1731 N Ontario St 818.238.5367