JOSLYN AND TUTTLE ACTIVITY SCHEDULE



Joslyn Center Hours

 Mon-Thur
 8:00am-8:00pm

 Friday
 8:00am-6:00pm

 Saturday
 9:00am-1:00pm

 Sunday
 12:00pm-4:00pm

Tuttle Center Hours

Mon-Fri 9:00am-2:30pm Saturday Closed Sunday Closed

Joslyn Drop-In Opportunities:

Billiards/Pool Room* Cyber Cafe* Card/Game Room** TV/Library Room

Games include:

- Skip Bo
- Mah Jongg
- Backgammon
- Chess
- Deck of cards

*Closes 30 minutes prior to facility

**Offered at both centers

BURBANK SENIOR ACTIVITY CARD (BSAC)

Available at Joslyn and Tuttle Centers

Discounts on programs and classes at Joslyn and Tuttle! It also includes the indoor Drop-in Activity Membership.

\$22 (Burbank residents)

\$27 (Non-residents)

BSAC's are valid for one year from the date of purchase.

JOSLYN AND TUTTLE WEEKLY ACTIVITIES

Classes are \$2.00 (Free with BSAC). Higher if noted with "+" (Discount with BSAC)

Sign-up/Appointment required ***All classes and times are subject to change***

Green = Tuttle Senior Center

Blue = Joslyn Adult Center

MONDAY		
Kundalini Yoga with Charleen/Live-Streamed	9:00am-10:00am	
Public Speaking	9:30am-10:30am	
Fleet Feet Outdoor Walking Group	10:00am-11:00am	
Tai Chih Chih Movement (Every other Monday, call Tuttle for info)	10:00am-11:00am	
Calm Mind with Catherine	10:15am-11:00am	
Quick Fit with Dan/Live-Streamed	10:30am-11:30am	
Karaoke with Stan	12:00pm-2:00pm	
Texas Hold 'Em Class/Play	12:15pm-2:00pm	
Texas Hold 'Em	12:30pm-2:30pm	+
Chess Club	1:00pm-4:00pm	
TUESDAY		
Basic Fitness with Gigi	9:00am-10:00am	
Morning Workout Exercise Class	9:30am-10:30am	
Jewelry Making Class (Every other Tuesday, call Tuttle for info)	10:00am-11:00am	
Early Bird Bingo	10:30am-11:30am	+
Tai Chi (All Levels) with Chris and John [Outdoors]	10:00am-11:00am	
Full Body Conditioning with Charleen/Live-Streamed	10:45am-11:30am	
Pan	12:00pm-4:00pm	
Mah-Jongg	11:30am-4:00pm	
Skip Bo Card Playing/Class	12:30pm-2:00pm	
Family Feud Game (Every other Tuesday, call Tuttle for info)	12:30pm-2:00pm	
T'ai Chi Chih with Pat	2:00pm-3:00pm	
Drop-in Painting (Bring your own materials)	2:00pm-4:30pm	
Canasta (Modern American)	12:00pm-3:00pm	
WEDNESDAY		
Basic Fitness with Gigi	8:30am-9:30am	
Intermediate Line Dance	10:00am-11:30am	
Lite & Lively	10:15am-11:15am	+
Wednesday Bridge	10:30am-2:00pm	
Diamond Painting	12:30pm-2:00pm	
Genetics, Psychology & Forensics Discussion Group	3:00pm-5:00pm	

JOSLYN AND TUTTLE WEEKLY ACTIVITIES

Classes are \$2.00 (Free with BSAC). Higher if noted with "+" (Discount with BSAC)

All classes and times are subject to change

Green = Tuttle Senior Center

Blue = Joslyn Adult Center

Texas Hold 'Em	THURSDAY	
Stretching with Harry/Live-Streamed	Texas Hold 'Em	8:15am-10:30am +
Hula Dancing with Shari 9:45am-11:30am Strength & Balance with Harry/Live-Streamed 10:00am & 2:15pm Sign Language Class/Practice 10:30am-11:30am 11:30am-3:00pm 11:00am-3:00pm 11:00am-3:00pm 11:00am-3:00pm 11:00am-3:00pm 11:00am-3:00pm 11:00am-3:00pm 11:00am-3:00pm 11:00am-3:00pm 11:00am-3:00pm 12:00pm-2:00pm 12:00pm-2:00pm 12:00pm-2:00pm 12:00pm-2:00pm 12:00pm-2:00pm 12:00pm-3:00pm 12:00pm-3:00pm 12:00pm-3:00pm 12:00pm-3:00pm 12:00pm-3:00pm 12:00pm-3:00pm 10:00am-3:00pm 10:00am-3:00am-3:00pm 10:00am-3:00am-3:00pm 10:	Drop-In Crafting (Bring your own materials)	8:30am-10:30am
Strength & Balance with Harry/Live-Streamed 10:00am & 2:15pm Sign Language Class/Practice 10:30am-11:30am Mah Jongg 11:00am-3:00pm Shao Chi with Harry/Live-Streamed 11:30am-12:15pm Ukulele 12:00pm-2:00pm Lom Knitting Class 12:00pm-2:00pm Fun with Piano Class (at your own level) 12:35pm-1:45pm Bingo 1:00pm-3:00pm Chess Club 1:00pm-3:00pm Table Games/Learn to Play Skip-Bo 1:30pm-2:00pm Horseshoes 4:00pm-6:00pm Ballroom Dance (Live Music) 7:00pm-9:30pm + FRIDAY 7:00pm-9:30pm + Tai Chi (All Levels) with Chris and John [Outdoors] 9:00am-10:00am Ballet Workout with Ileana 9:00am-10:30am Texas Hold 'Em Class/Play 9:15am-11:30am + Morning Workout Exercise Class 9:30am-10:30am + Tai Chi (Advanced) with Chris and John [Outdoors] 10:00am-11:00am Lite & Lively (No Class on the last Friday) 10:15am-11:35am + Box 'n' Dance with Dan 11:30am-12:30pm + + Boy Dance with Dan	Stretching with Harry/Live-Streamed	9:00am-9:30am
Sign Language Class/Practice	Hula Dancing with Shari	9:45am-11:30am
Mah Jongg	Strength & Balance with Harry/Live-Streamed	10:00am & 2:15pm
Shao Chi with Harry/Live-Streamed	Sign Language Class/Practice	10:30am-11:30am
Ukulele	Mah Jongg	11:00am-3:00pm
Loom Knitting Class 12:00pm-2:00pm Fun with Piano Class (at your own level) 12:30pm-2:00pm 12:30pm-2:00pm 12:30pm-2:00pm 12:45pm-1:45pm 12:45pm-1:45pm 12:45pm-1:45pm 12:00pm-3:00pm + 12:00pm-3:00pm + 12:00pm-4:00pm + 12:00pm-4:00pm + 12:00pm-4:00pm + 12:00pm-4:00pm + 12:00pm-6:00pm + 12:00pm	Shao Chi with Harry/Live-Streamed	11:30am-12:15pm
Fun with Piano Class (at your own level) 12:30pm-2:00pm Indoor Chair Volleyball with Harry 12:45pm-1:45pm 12:45pm-1:45pm 12:00pm-3:00pm 1:00pm-3:00pm 1:00pm-4:00pm 1:00pm-4:00pm 1:00pm-4:00pm 1:30pm-2:00pm 1:30pm-10:00am 1:30pm-10:00am 1:30pm-10:00am 1:30pm-10:00am 1:30pm-10:30am 1:30pm-10:30am 1:30pm-10:30am 1:30pm-10:30am 1:30pm-10:30am 1:30pm-10:30am 1:30pm-10:30am 1:30pm-10:30am 1:30pm-10:30pm 1:30pm	Ukulele	12:00pm-2:00pm
Indoor Chair Volleyball with Harry 12:45pm-1:45pm Bingo 1:00pm-3:00pm ★ Chess Club 1:00pm-4:00pm Table Games/Learn to Play Skip-Bo 1:30pm-2:00pm ★ Ballroom Dance (Live Music) 7:00pm-9:30pm ★ FRIDAY Tai Chi (All Levels) with Chris and John [Outdoors] 9:00am-10:00am Ballet Workout with Ileana 9:00am-10:30am ★ Morning Workout Exercise Class 9:30am-10:30am ★ Morning Workout Exercise Class 9:30am-10:30am ★ Morning Workout Exercise Class 9:30am-10:30am ★ Box 'n' Dance with Dan 11:30am-12:30pm ★ Box 'n' Dance with Dan 11:30am-12:30pm ★ French 12:30pm-2:00pm ★ French 12:30pm-3:00pm Soulful Seniors 2:00pm-4:00pm ★ French 9:15am-12:00pm ★ French 9:15am-12:30pm ★ French ¶ French ¶	Loom Knitting Class	12:00pm-2:00pm
Bingo	Fun with Piano Class (at your own level)	12:30pm-2:00pm
Chess Club 1:00pm-4:00pm Table Games/Learn to Play Skip-Bo 1:30pm-2:00pm Horseshoes 4:00pm-6:00pm Ballroom Dance (Live Music) 7:00pm-9:30pm FRIDAY *** Tai Chi (All Levels) with Chris and John [Outdoors] 9:00am-10:00am Ballet Workout with Illeana 9:00am-10:30am Texas Hold 'Em Class/Play 9:15am-11:30am Morning Workout Exercise Class 9:30am-10:30am Tai Chi (Advanced) with Chris and John [Outdoors] 10:00am-11:00am Lite & Lively (No Class on the last Friday) 10:15am-11:15am + Box 'n' Dance with Dan 11:30am-12:30pm + Bingo 12:30pm-2:00pm + French 12:30pm-2:30pm + BVP Knitting & Crocheting (Non-Instructional) 12:30pm-3:00pm + Soulful Seniors 2:00pm-4:00pm + Heartfulness Meditation 3:30pm-4:30pm + SATURDAY 9:15am-12:00pm + Texas Hold 'Em 9:15am-12:30pm + Drop-In Table Tennis 9:30am-12:30pm + <	Indoor Chair Volleyball with Harry	12:45pm-1:45pm
Chess Club 1:00pm-4:00pm Table Games/Learn to Play Skip-Bo 1:30pm-2:00pm Horseshoes 4:00pm-6:00pm Ballroom Dance (Live Music) 7:00pm-9:30pm FRIDAY *** Tai Chi (All Levels) with Chris and John [Outdoors] 9:00am-10:00am Ballet Workout with Illeana 9:00am-10:30am Texas Hold 'Em Class/Play 9:15am-11:30am Morning Workout Exercise Class 9:30am-10:30am Tai Chi (Advanced) with Chris and John [Outdoors] 10:00am-11:00am Lite & Lively (No Class on the last Friday) 10:15am-11:15am + Box 'n' Dance with Dan 11:30am-12:30pm + Bingo 12:30pm-2:00pm + French 12:30pm-2:30pm + BVP Knitting & Crocheting (Non-Instructional) 12:30pm-3:00pm + Soulful Seniors 2:00pm-4:00pm + Heartfulness Meditation 3:30pm-4:30pm + SATURDAY 9:15am-12:00pm + Texas Hold 'Em 9:15am-12:30pm + Drop-In Table Tennis 9:30am-12:30pm + <	Bingo	1:00pm-3:00pm +
Horseshoes Ballroom Dance (Live Music) FRIDAY Tai Chi (All Levels) with Chris and John [Outdoors] Ballet Workout with Ileana Texas Hold 'Em Class/Play Box 'n' Dance with Dan Bingo Brench Boy Knitting & Crocheting (Non-Instructional) Soulful Seniors Saturday Quilting Line Dancing with Sue SUNDAY Tai Chi (Live Music) 7:00pm-9:30pm 9:00am-10:00am 9:00am-10:30am 9:00am-10:30am 10:00am-10:30am 10:00am-11:00am 10:15am-11:15am 10:15am-11:15am 10:30am-12:30pm 10:30pm-2:30pm 11:30pm-2:30pm 12:30pm-2:30pm 12:30pm-4:30pm 9:00am-10:30am 10:00am-11:00am 10:15am-11:15am 10:30am-12:30pm	Chess Club	1:00pm-4:00pm
Ballroom Dance (Live Music) FRIDAY Tai Chi (All Levels) with Chris and John [Outdoors] Ballet Workout with Ileana Texas Hold 'Em Class/Play Morning Workout Exercise Class Tai Chi (Advanced) with Chris and John [Outdoors] Lite & Lively (No Class on the last Friday) Box 'n' Dance with Dan Bingo 12:30pm-2:30pm BVP Knitting & Crocheting (Non-Instructional) Soulful Seniors Heartfulness Meditation SATURDAY Texas Hold 'Em 9:15am-12:30pm + Drop-In Table Tennis SUNDAY Drop-In Table Tennis 12:15pm-3:45pm 12:15pm-3:45pm	Table Games/Learn to Play Skip-Bo	1:30pm-2:00pm
FRIDAYTai Chi (All Levels) with Chris and John [Outdoors]9:00am-10:00amBallet Workout with Ileana9:00am-10:30amTexas Hold 'Em Class/Play9:15am-11:30amMorning Workout Exercise Class9:30am-10:30amTai Chi (Advanced) with Chris and John [Outdoors]10:00am-11:00amLite & Lively (No Class on the last Friday)10:15am-11:15amBox 'n' Dance with Dan11:30am-12:30pmBingo12:30pm-2:00pmFrench12:30pm-2:30pmBVP Knitting & Crocheting (Non-Instructional)12:30pm-3:00pmSoulful Seniors2:00pm-4:00pmHeartfulness Meditation3:30pm-4:30pmSATURDAY9:15am-12:00pmTexas Hold 'Em9:15am-12:00pmDrop-In Table Tennis9:30am-12:30pmLine Dancing with Sue10:30am-11:45amSUNDAYDrop-In Table Tennis12:15pm-3:45pm	Horseshoes	4:00pm-6:00pm
Tai Chi (All Levels) with Chris and John [Outdoors] Ballet Workout with Ileana 7:00am-10:30am Texas Hold 'Em Class/Play Morning Workout Exercise Class Tai Chi (Advanced) with Chris and John [Outdoors] Lite & Lively (No Class on the last Friday) Box 'n' Dance with Dan Bingo 12:30pm-2:00pm French BVP Knitting & Crocheting (Non-Instructional) Soulful Seniors Heartfulness Meditation SATURDAY Texas Hold 'Em 9:15am-12:00pm P:15am-12:45pm Saturday Quilting Line Dancing with Sue 12:15pm-3:45pm 12:15pm-3:45pm	Ballroom Dance (Live Music)	7:00pm-9:30pm +
Ballet Workout with Ileana Texas Hold 'Em Class/Play Morning Workout Exercise Class Tai Chi (Advanced) with Chris and John [Outdoors] Lite & Lively (No Class on the last Friday) Box 'n' Dance with Dan Bingo French BVP Knitting & Crocheting (Non-Instructional) Soulful Seniors Heartfulness Meditation SATURDAY Texas Hold 'Em Pingo P	FRIDAY	
Texas Hold 'Em Class/Play Morning Workout Exercise Class Tai Chi (Advanced) with Chris and John [Outdoors] Lite & Lively (No Class on the last Friday) Box 'n' Dance with Dan Bingo French BVP Knitting & Crocheting (Non-Instructional) Soulful Seniors Heartfulness Meditation SATURDAY Texas Hold 'Em Drop-In Table Tennis Saturday Quilting Lite & Lively (No Class on the last Friday) P:30am-11:30am 10:00am-11:00am 10:15am-11:15am 11:30am-12:30pm 11:30am-12:30pm 11:30am-12:30pm 11:30am-12:30pm 12:30pm-2:30pm 12:30pm-3:00pm 2:00pm-4:00pm 3:30pm-4:30pm 4- Drop-In Table Tennis 9:15am-12:00pm 4- Drop-In Table Tennis 9:30am-12:30pm Line Dancing with Sue 10:30am-11:45am 4- SUNDAY Drop-In Table Tennis	Tai Chi (All Levels) with Chris and John [Outdoors]	9:00am-10:00am
Morning Workout Exercise Class Tai Chi (Advanced) with Chris and John [Outdoors] Lite & Lively (No Class on the last Friday) Box 'n' Dance with Dan Bingo 12:30pm-2:00pm French BVP Knitting & Crocheting (Non-Instructional) Soulful Seniors Heartfulness Meditation SATURDAY Texas Hold 'Em Drop-In Table Tennis Saturday Quilting Line Dancing with Sue 9:30am-10:30am 10:00am-11:00am 10:15am-11:15am + 11:30am-12:30pm 12:30pm-2:30pm 12:30pm-3:00pm 2:00pm-4:00pm 4 9:15am-12:00pm + 9:15am-12:00pm + SUNDAY Drop-In Table Tennis 10:30am-11:45am 10:30am-11:45am 10:30am-11:45am 10:30am-11:45am 10:30am-3:45pm	Ballet Workout with Ileana	9:00am-10:30am
Tai Chi (Advanced) with Chris and John [Outdoors] Lite & Lively (No Class on the last Friday) Box 'n' Dance with Dan Bingo 12:30pm-2:00pm French 12:30pm-2:30pm BVP Knitting & Crocheting (Non-Instructional) Soulful Seniors Heartfulness Meditation SATURDAY Texas Hold 'Em 9:15am-12:00pm Porop-In Table Tennis 9:30am-12:30pm 12:30pm-3:00pm 9:15am-12:00pm Porop-In Table Tennis 9:15am-12:00pm 10:30am-11:45am Porop-In Table Tennis 10:00am-11:00am 10:015am-12:30pm 10:00am-11:00am 10:015am-11:00am 10:00am-11:00am 10:00am-11:00am	Texas Hold 'Em Class/Play	9:15am-11:30am +
Lite & Lively (No Class on the last Friday) Box 'n' Dance with Dan Bingo 12:30pm-2:00pm + French BVP Knitting & Crocheting (Non-Instructional) Soulful Seniors Heartfulness Meditation SATURDAY Texas Hold 'Em Drop-In Table Tennis Saturday Quilting Line Dancing with Sue SUNDAY Drop-In Table Tennis 10:15am-11:15am 11:30am-12:30pm 12:30pm-2:30pm 2:00pm-4:00pm 3:30pm-4:30pm 4 9:15am-12:00pm 4 Drop-In Table Tennis 9:15am-12:45pm 9:30am-12:30pm Line Dancing with Sue 10:30am-11:45am 4 SUNDAY Drop-In Table Tennis	Morning Workout Exercise Class	9:30am-10:30am
Box 'n' Dance with Dan 11:30am-12:30pm Bingo 12:30pm-2:00pm French 12:30pm-2:30pm BVP Knitting & Crocheting (Non-Instructional) 12:30pm-3:00pm Soulful Seniors 2:00pm-4:00pm Heartfulness Meditation 3:30pm-4:30pm SATURDAY 9:15am-12:00pm Texas Hold 'Em 9:15am-12:45pm Saturday Quilting 9:30am-12:30pm Line Dancing with Sue 10:30am-11:45am SUNDAY 10:70p-In Table Tennis	Tai Chi (Advanced) with Chris and John [Outdoors]	10:00am-11:00am
Bingo 12:30pm-2:00pm + French 12:30pm-2:30pm BVP Knitting & Crocheting (Non-Instructional) 12:30pm-3:00pm Soulful Seniors 2:00pm-4:00pm Heartfulness Meditation 3:30pm-4:30pm SATURDAY Texas Hold 'Em 9:15am-12:00pm + Drop-In Table Tennis 9:15am-12:45pm Saturday Quilting 9:30am-12:30pm Line Dancing with Sue 10:30am-11:45am + SUNDAY Drop-In Table Tennis 12:15pm-3:45pm	Lite & Lively (No Class on the last Friday)	10:15am-11:15am +
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BVP Knitting & Crocheting (Non-Instructional) Soulful Seniors Heartfulness Meditation SATURDAY Texas Hold 'Em Drop-In Table Tennis Saturday Quilting Line Dancing with Sue SUNDAY Drop-In Table Tennis 12:30pm-3:00pm 3:30pm-4:30pm 9:15am-12:00pm 9:15am-12:45pm 9:30am-12:30pm 10:30am-11:45am + SUNDAY Drop-In Table Tennis	Bingo	12:30pm-2:00pm +
Soulful Seniors Heartfulness Meditation SATURDAY Texas Hold 'Em Drop-In Table Tennis Saturday Quilting Line Dancing with Sue SUNDAY Drop-In Table Tennis 12:15pm-3:45pm 12:15pm-3:45pm	French	12:30pm-2:30pm
Heartfulness Meditation SATURDAY Texas Hold 'Em Drop-In Table Tennis Saturday Quilting Line Dancing with Sue SUNDAY Drop-In Table Tennis 12:15pm-3:45pm	BVP Knitting & Crocheting (Non-Instructional)	12:30pm-3:00pm
SATURDAYTexas Hold 'Em9:15am-12:00pm+Drop-In Table Tennis9:15am-12:45pmSaturday Quilting9:30am-12:30pmLine Dancing with Sue10:30am-11:45am+SUNDAYDrop-In Table Tennis12:15pm-3:45pm		
Texas Hold 'Em 9:15am-12:00pm + Drop-In Table Tennis 9:15am-12:45pm Saturday Quilting 9:30am-12:30pm Line Dancing with Sue 10:30am-11:45am + SUNDAY Drop-In Table Tennis 12:15pm-3:45pm	Heartfulness Meditation	3:30pm-4:30pm
Drop-In Table Tennis9:15am-12:45pmSaturday Quilting9:30am-12:30pmLine Dancing with Sue10:30am-11:45amSUNDAY12:15pm-3:45pm	SATURDAY	
Saturday Quilting Line Dancing with Sue 5UNDAY Drop-In Table Tennis 9:30am-12:30pm 10:30am-11:45am +	Texas Hold 'Em	9:15am-12:00pm +
Line Dancing with Sue SUNDAY Drop-In Table Tennis 10:30am-11:45am 12:15pm-3:45pm	•	9:15am-12:45pm
SUNDAY Drop-In Table Tennis 12:15pm-3:45pm		9:30am-12:30pm
Drop-In Table Tennis 12:15pm-3:45pm	Line Dancing with Sue	10:30am-11:45am +
	SUNDAY	
	Drop-In Table Tennis	12:15pm-3:45pm

Updated 2/26/25

MONTHLY ACTIVITIES & JOSLYN SERVICES

MONTHLY			
Texas Hold 'Em Tournament	2nd Mon	8:15am-2:30pm	+
Foundation For Senior Services Lectures	2nd Mon	10:30am-11:30pm	+
Texas Hold 'Em Tournament	4th Mon	9:15am-2:15pm	+
Coin Club	1st Wed	6:30pm-7:45pm	
Alzheimer's Support Group	1st & 3rd Wed	1:00pm-2:30pm	+
Young at Heart Club	2nd Wed	10:00am-11:30am	
Latin Dance Exercise Class	Last Wed	12:00pm-1:00pm	
Burbank University Women	2nd Thur	4:00pm-6:00pm	1
Free Fall Risk Assessments	3rd Thur	11:00am-12:00pm	
Blood Pressure Check-up	1st Fri	10:00am-11:00am	
Valley Porcelain Artists	Last Fri	9:45am-12:00pm	
T-Shirt Painting	Last Fri	1:00pm-3:00pm	+
Sunday Matinee Dance	2nd & 4th Sun	12:30pm-3:30pm	+

VIRTUAL Contact Joslyn for Zoom Informa	tion	
Kundalini Yoga with Charleen	Mondays	9:00am-10:00am
Quick Fit with Dan	Mondays	10:30am-11:30am
Safe Space Discussion Group	Mondays	11:00am-12:30pm
Full Body Conditioning with Charleen	Tuesdays	10:45am-11:30am
Let's Talk Discussion Group	Tuesdays	2:00pm-3:30pm
Stretching with Harry	Thursdays	9:00am-9:30am
Strength & Balance with Harry	Thursdays	10:00am & 2:15pm
Shao Chi with Harry	Thursdays	11:30am-12:15pm

JOSLYN SERVICES Contact Joslyn for Appointment		
Advance Health Care Directive	Medicare Counseling (HICAP)	
Bet Tzedek Legal Services	Notary	
Durable Power of Attorney	One-On-One Computer Assistance	
Gadget Tutoring	Simple Will	
Hearing Screening	15 Minute Chair Massage	