

JOSLYN AND TUTTLE ACTIVITY SCHEDULE



Joslyn Adult Center | 818.238.5353
1301 W. Olive Ave | joslyn@burbankca.gov



Tuttle Adult Center | 818.238.5367
1731 N. Ontario Blvd

Joslyn Center Hours

Mon-Thur	8:00am-8:00pm
Friday	8:00am-6:00pm
Saturday	9:00am-1:00pm
Sunday	12:00pm-4:00pm

Tuttle Center Hours

Mon-Fri	9:00am-2:30pm
Saturday	Closed
Sunday	Closed

Joslyn Drop-In Opportunities:

Billiards/Pool Room*
Cyber Cafe*
Card/Game Room**
TV/Library Room

Games include:

- Skip Bo
- Mah Jongg
- Backgammon
- Chess
- Deck of cards

**Closes 30 minutes
prior to facility*

***Offered at both
centers*

BURBANK SENIOR ACTIVITY CARD (BSAC)

Available at **Joslyn and Tuttle Centers**

Discounts on programs and classes at Joslyn and Tuttle! It also includes the indoor Drop-in Activity Membership.

\$22 (Burbank residents)

\$27 (Non-residents)

BSAC's are valid for one year from the date of purchase.

For more information please visit www.burbankca.gov/adults55

JOSLYN AND TUTTLE WEEKLY ACTIVITIES

Classes are \$2.00 (Free with BSAC).

Higher if noted with "+" (Discount with BSAC)

Sign-up/Appointment required

All classes and times are subject to change

Green = Tuttle Senior Center

Blue = Joslyn Adult Center

MONDAY

Kundalini Yoga with Charleen/Live-Streamed	9:00am-10:00am	
Public Speaking	9:30am-10:30am	
Fleet Feet Outdoor Walking Group	10:00am-11:00am	
Tai Chih Chih Movement (Every other Monday, call Tuttle for info)	10:00am-11:00am	
Calm Mind with Catherine	10:15am-11:00am	
Quick Fit with Dan/Live-Streamed	10:30am-11:30am	
Karaoke with Stan	12:00pm-2:00pm	
Texas Hold 'Em Class/Play	12:15pm-2:00pm	
Texas Hold 'Em	12:30pm-2:30pm	+
Chess Club	1:00pm-4:00pm	

TUESDAY

Basic Fitness with Gigi	9:00am-10:00am	
Morning Workout Exercise Class	9:30am-10:30am	
Jewelry Making Class (Every other Tuesday, call Tuttle for info)	10:00am-11:00am	
Early Bird Bingo	10:30am-11:30am	+
Tai Chi (All Levels) with Chris and John [Outdoors]	10:00am-11:00am	
Full Body Conditioning with Charleen/Live-Streamed	10:45am-11:30am	
Pan	12:00pm-4:00pm	
Mah-Jongg	11:30am-4:00pm	
Skip Bo Card Playing/Class	12:30pm-2:00pm	
Family Feud Game (Every other Tuesday, call Tuttle for info)	12:30pm-2:00pm	
T'ai Chi Chih with Pat	2:00pm-3:00pm	
Drop-in Painting (Bring your own materials)	2:00pm-4:30pm	
Canasta (Non-Instructional)	12:00pm-3:00pm	

WEDNESDAY

Basic Fitness with Gigi	8:30am-9:30am	
Intermediate Line Dance	10:00am-11:30am	
Lite & Lively	10:15am-11:15am	
Wednesday Bridge	10:30am-2:00pm	
Diamond Painting	12:30pm-2:00pm	
Genetics, Psychology & Forensics Discussion Group	3:00pm-5:00pm	

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THURSDAY		
Texas Hold 'Em	8:15am-10:30am	+
Drop-In Crafting (Bring your own materials)	8:30am-10:30am	
Stretching with Harry/Live-Streamed	9:00am-9:30am	
Hula Dancing with Shari	9:45am-11:30am	
Strength & Balance with Harry/Live-Streamed	10:00am & 2:15pm	
Sign Language Class/Practice	10:30am-11:30am	
Mah Jongg	11:00am-3:00pm	
Shao Chi with Harry/Live-Streamed	11:30am-12:15pm	
Ukulele	12:00pm-2:00pm	
Loom Knitting Class	12:00pm-2:00pm	
Fun with Piano Class (at your own level)	12:30pm-2:00pm	
Indoor Chair Volleyball with Harry	12:45pm-1:45pm	
Bingo	1:00pm-3:00pm	+
Chess Club	1:00pm-4:00pm	
Table Games/Learn to Play Skip-Bo	1:30pm-2:00pm	
Horseshoes	4:00pm-6:00pm	
Ballroom Dance (Live Music)	7:00pm-9:30pm	+
FRIDAY		
Tai Chi (All Levels) with Chris and John [Outdoors]	9:00am-10:00am	
Ballet Workout with Ileana	9:00am-10:30am	
Texas Hold 'Em Class/Play	9:15am-11:30am	+
Morning Workout Exercise Class	9:30am-10:30am	
Tai Chi (Advanced) with Chris and John [Outdoors]	10:00am-11:00am	
Lite & Lively	10:15am-11:15am	
Box 'n' Dance with Dan	11:30am-12:30pm	
Bingo	12:30pm-2:00pm	+
French	12:30pm-2:30pm	
BVP Knitting & Crocheting (Non-Instructional)	12:30pm-3:00pm	
Soulful Seniors	2:00pm-4:00pm	
Heartfulness Meditation	3:30pm-4:30pm	
SATURDAY		
Texas Hold 'Em	9:15am-12:00pm	+
Drop-In Table Tennis	9:15am-12:45pm	
Saturday Quilting	9:30am-12:30pm	
Line Dancing with Sue	10:30am-11:45am	+
SUNDAY		
Drop-In Table Tennis	12:15pm-3:45pm	

MONTHLY ACTIVITIES & JOSLYN SERVICES

MONTHLY

Texas Hold 'Em Tournament	2nd Mon	8:15am-2:30pm	+
Foundation For Senior Services Lectures	2nd Mon	10:30am-11:30pm	+
Texas Hold 'Em Tournament	4th Mon	9:15am-2:15pm	+
Coin Club	1st Wed	6:30pm-7:45pm	
Alzheimer's Support Group	1st & 3rd Wed	1:00pm-2:30pm	+
Young at Heart Club	2nd Wed	10:00am-11:30am	
Latin Dance Exercise Class	Last Wed	12:00pm-1:00pm	
Burbank University Women	2nd Thur	4:00pm-6:00pm	<input checked="" type="checkbox"/>
Free Fall Risk Assessments	3rd Thur	11:00am-12:00pm	
Blood Pressure Check-up	1st Fri	10:00am-11:00am	
Valley Porcelain Artists	Last Fri	9:45am-12:00pm	
T-Shirt Painting	Last Fri	1:00pm-3:00pm	+
Sunday Matinee Dance	2nd & 4th Sun	12:30pm-3:30pm	+

VIRTUAL *Contact Joslyn for Zoom Information*

Kundalini Yoga with Charleen	Mondays	9:00am-10:00am
Quick Fit with Dan	Mondays	10:30am-11:30am
Safe Space Discussion Group	Mondays	11:00am-12:30pm
Full Body Conditioning with Charleen	Tuesdays	10:45am-11:30am
Let's Talk Discussion Group	Tuesdays	2:00pm-3:30pm
Stretching with Harry	Thursdays	9:00am-9:30am
Strength & Balance with Harry	Thursdays	10:00am & 2:15pm
Shao Chi with Harry	Thursdays	11:30am-12:15pm

JOSLYN SERVICES *Contact Joslyn for Appointment*

Advance Health Care Directive	Medicare Counseling (HICAP)
Bet Tzedek Legal Services	Notary
Durable Power of Attorney	One-On-One Computer Assistance
Gadget Tutoring	Simple Will
Hearing Screening	15 Minute Chair Massage